



Anti-Bullying

What is Bullying?

"Bullying is an abuse of power. Bullying is hostile or aggressive behaviour that harms the victim. Bullying thrives in a climate of secrecy and fear. Bullying is repeated negative behaviour towards someone else."

Raising Bullywise Kids by Lyndall Horton-James 2004

Types of Bullying

The various forms of bullying include:

Physical Bullying: fighting, kicking, punching, hitting, shoving, pinching, abusive gestures and moving in close on the victim's personal space.

Verbal Bullying: using words to cause distress in the form of teasing, swearing, spreading rumours about an individual and/or their family.

Visual/Cyber Bullying: insulting in the form of graffiti, bodily signs that are considered rude or in the form of letters that are passed around, SMS messages and email/internet transactions (cyber-bullying).

Emotional Bullying: deliberately hiding another student's things or tormenting them and waiting for a reaction.

Exclusion: deliberately leaving a student out of a game or activity, ignoring them or not allowing them to play with a particular group.

Our Purpose

* Students at Currans Hill PS attend school to participate in a quality of education that provides them the skills and knowledge to contribute to the wider community.

* Each student has the right to feel safe and secure at all times within the school. Bullying will not be tolerated.

* Students, teachers and parents have a shared responsibility to create an environment that is conducive to learning and is free from bullying, thus allowing everyone to work and learn in a safe, secure environment.

Dealing with Bullying Behaviour

Our Responsibilities

The Students:

* be aware of the types of bullying behaviour and do not become a bully.

* be assertive. Say STOP in a firm, strong voice. Walk away and tell a teacher if the attempts to stop the bullying don't cease.

* as a bystander. Don't intervene physically. Tell the bully to STOP in a firm, strong voice and seek teacher assistance. It is important to tell. Don't stand by silently and allow someone else to be bullied. Together we are strong.

The Staff:

* Ensure that students feel safe, are listened to and encourage them to ask for help when it is needed.

* Act as role models of caring and tolerant behaviour.

* Be observant of signs of distress or suspected bullying incidents.

* Be active in the playground.

* Report serious incidents to the executive and LST

* Utilise the school's Student Management Policy and Procedures (STAR program).

* Teach the children in your class ways to respond to bullying. Openly discuss the issues and ways of resolving problems assertively.

* Work with the parents of the victim so that they can avoid potential bullying situations.

* Work with the parents of the bullying students to establish joint strategies for behaviour modification.

The Parents:

* Be aware of types of bullying and what constitutes bullying.

* Watch for signs of distress in their child and give assurance and support. Don't over-react but support the child positively.

* Work with the school staff to seek a permanent solution. Don't approach individual students in the playground or after school in an attempt to solve problems alone.

Reporting Bullying

The best time to report any bullying is immediately it occurs. Some aspects of bullying are difficult to detect as children suffer silently without reporting the bullying to anyone.

The Students:

* Tell their own teacher or parent. Inform the teacher on playground duty. Write a brief note to the teacher through a journal entry or personal note.

The Staff:

* Inform your team leader, or Principal.

* Record incidents in your own discipline records.

* Record through the school's Student Management Policy and Procedures and Sentral welfare monitoring.

The Parents:

* Inform parents of the processes to meet with the class teacher, team leader, Principal.

Associated Policies, Procedures,

Support Material

* Student Management Policy – STAR Program

* Work Health and Safety

* Peer Support program

* PDHPE Syllabus; * Values in NSW Public Schools

* Bullying - Anti-bullying program for schools

Monitoring and Evaluation

* Analysis of Sentral welfare data and levels

* Survey students (Tell Them From Me)

* Feedback from students, staff, parents